



Develop Your Self-confidence

By Glenn Harrold

DIVINITI PUBLISHING, United Kingdom, 2002. CD-Audio. Book Condition: New. 142 x 124 mm. Language: English . Brand New. This pack contains two superb high quality hypnosis recordings on one CD by Glenn Harrold, the UK s best selling self help audio author.On both tracks of the CD you will hear Glenn's soothing voice guiding you into a completely relaxed state of mind body, hypnotic echoed background vocals panning from left to right across the stereo range - a deeply relaxing and unique effect and 60 B.P.M digital sound effects, compounding the hypnotic effect. Both tracks combine skilled hypnotherapy techniques with state-of-the-art digital recording technology to help you develop your self-confidence. After being guided into a deeply relaxed and receptive state you will effortlessly absorb the many post hypnotic suggestions for developing powerful, lasting selfconfidence. Track 2, Confidence in Company, will help you develop your confidence when you are with other people. If you are due to go for an interview, make a speech or even going on a new date, then this recording will get you prepared in the best way possible.



Reviews

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-- Cathrine Larkin Sr.

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-- Mark Bernier

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