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A WARRIOR S GUIDE TO SELF-DEFENSE (PAPERBACK)



First Edition Design eBook Publishing, United States, 2015. Paperback. Book Condition: New. 224 x 147 mm. Language: English. Brand New Book ***** Print on Demand *****. This is a practical self-defense guide targeted towards the untrained individual who desires to embody a warrior mentality, and learn how to survive vicious life and death situations with the principles and strategies of close quarters fighting. It was written by former Marine Corps infantry machine gunner and martial arts instructor Kyle Swinehart. The...

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- Authored by Kyle Swinehart
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