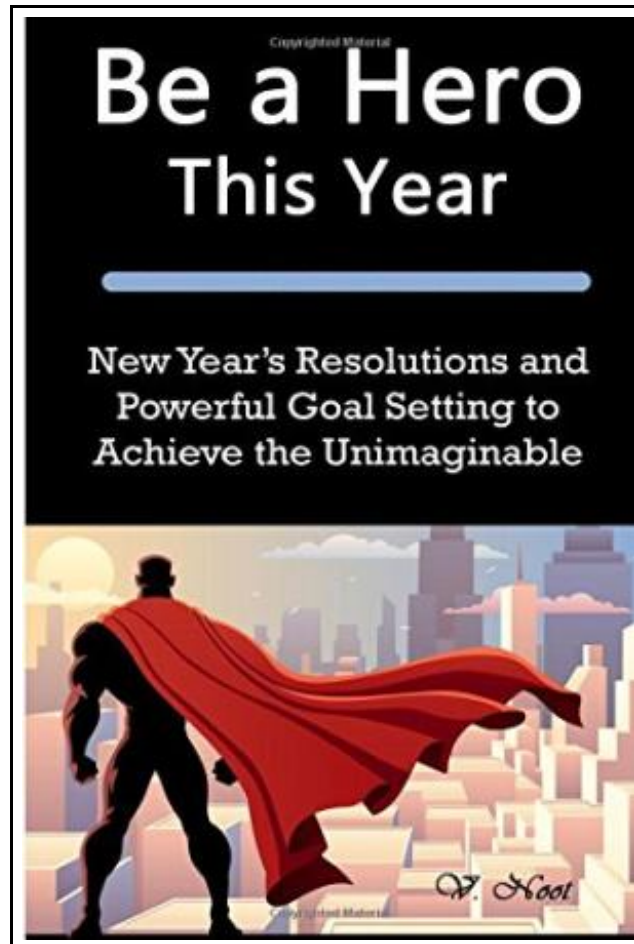


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Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Be a hero or heroine and set powerful, achievable goals this year! Do you want to get the most out of life? New year s resolutions and goals are often a good way to achieve that. But setting accomplishing goals for the new year can be tricky. This book will give you tips and tricks to set powerful goals and follow through. You might have set goals already, or maybe you forgot your new year s resolutions and haven t followed up on them yet. This book will give you that spark you need to pick up your focused pattern again and celebrate at the end of the year. If you do what is being taught in this book, you ll be able to: Know why you set goals Get rid of excuses you tell yourself Find effective ways to be reminded of them Be more motivated to achieve them Find out what is holding you back Be the best you can be I will show you proven techniques that people have used to accomplish amazing things. If you re not accomplishing everything you could, don t wait and download this helpful ebook right now! Find out how you can become better and achieve more! Keywords: new year s resolutions, resolutions for new year, new year s goals, goals for new year, goal-setting, powerful goals, realistic goals, SMART goals, SMART techniques, achieving goals, achieve goals, accomplish goals, accomplishing goals, how to set goals, how to achieve goals, how to accomplish goals, how to be a hero, being a hero, what is a hero, effective goals, goals setting success, successful goals, successful resolutions, achieving potential, achieve...



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