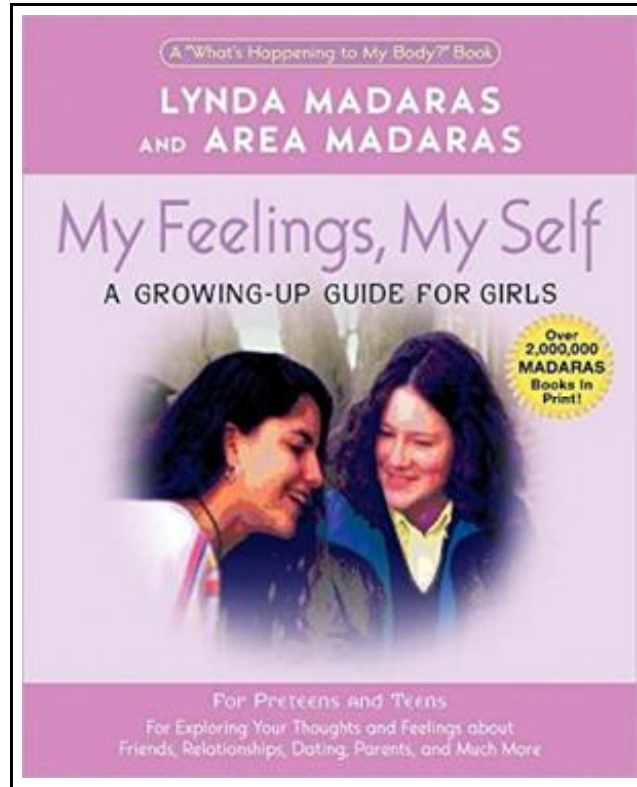


My Feelings, My Self: A Journal for Girls



Filesize: 4.12 MB

Reviews

This pdf is indeed gripping and interesting. It is definitely simplistic but shocks within the 50 percent of your book. Once you begin to read the book, it is extremely difficult to leave it before concluding.
(Michael Spinka)

MY FEELINGS, MY SELF: A JOURNAL FOR GIRLS

[DOWNLOAD](#)

Newmarket Press. Paperback. Book Condition: New. Paperback. 160 pages. Dimensions: 8.9in. x 7.2in. x 0.4in. For teen and pre-teen girls in the million-copy bestselling Lynda Madaras What's Happening To My Body Series, a new, updated edition of the journal/workbook that focuses on how feelings, as well as bodies, change during puberty, and how to deal with them. Why don't my parents ever listen to me? Can I tell a boy that I like him? How do I say no to friends when they want me to do things I don't want to? Answers to these questions and more are what's in this fun- and fact-filled book as well as quizzes, exercises, stories and letters from kids expressing feelings about the changes going on in their lives during adolescence. The book is divided into three parts: Your Friends talks about things like popularity, peer pressure, making friends, best friends, crushes, and the opposite sex. Your Parents talks about how relationships with parents change during adolescence. It also includes some exercises to help communication and problem-solving. Your Sources includes suggestions for further reading, and information on getting help for special problems. This item ships from multiple locations. Your book may arrive from Roseburg, OR, La Vergne, TN. Paperback.

[Read My Feelings, My Self: A Journal for Girls Online](#)[Download PDF My Feelings, My Self: A Journal for Girls](#)

Other PDFs



The Whale Tells His Side of the Story Hey God, Ive Got Some Guy Named Jonah in My Stomach and I Think Im Gonna Throw Up

B&H Kids. Hardcover. Book Condition: New. Cory Jones (illustrator). Hardcover. 32 pages. Dimensions: 9.1in. x 7.2in. x 0.3in. Oh sure, we all heard the story of Jonah and the Whale a hundred times. But have we...

[Download PDF »](#)



Scholastic Discover More My Body

Scholastic Reference. Hardcover. Book Condition: New. Hardcover. 32 pages. Dimensions: 9.1in. x 7.7in. x 0.6in. Scholastic Discover More is a revolutionary new nonfiction line pairing stunning print books with corresponding interactive digital books that extend the...

[Download PDF »](#)



Dont Line Their Pockets With Gold Line Your Own A Small How To Book on Living Large

Madelyn D R Books. Paperback. Book Condition: New. Paperback. 106 pages. Dimensions: 9.0in. x 6.0in. x 0.3in. This book is about my cousin, Billy a guy who taught me a lot over the years and who...

[Download PDF »](#)



Lans Plant Readers Clubhouse Level 1

Barron's Educational Series. Paperback. Book Condition: New. Paperback. 24 pages. Dimensions: 8.9in. x 5.7in. x 0.3in. This is volume six, Reading Level 1, in a comprehensive program (Levels 1 and 2) for beginning readers. Two nine-book sets...

[Download PDF »](#)



The Day I Forgot to Pray

Tate Publishing. Paperback. Book Condition: New. Paperback. 28 pages. Dimensions: 8.7in. x 5.8in. x 0.3in. Alexis is an ordinary five-year-old who likes to run and play in the sandbox. On her first day of Kindergarten, she...

[Download PDF »](#)