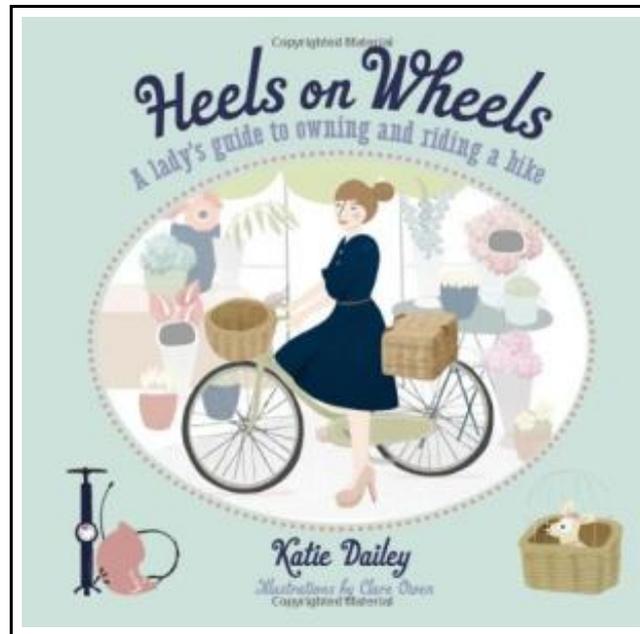


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Hardie Grant Books. Paperback. Book Condition: new. BRAND NEW, Heels on Wheels: A Lady's Guide to Owning and Riding a Bike, Katie Dailey, Learning to ride a bike is easy, but getting back on one if you're over the age of 12 - and have developed a penchant for high heels - can be a daunting task. In Heels on Wheels Katie Dailey offers sage advice to the modern gal who would like to get back in the saddle after a short (or very long) hiatus. Find out how to choose your trusty steed, stay safe on the road, fix a puncture and select the best lock for your bicycle. As well as this, more pressing issues are covered, including how to combat helmet hair, wearing a skirt without losing your dignity, and all the exciting things you can buy to pimp your ride. So whether you plan on being a weekend cruiser, or a riding-in-all-elements fanatic, Heels on Wheels will make you fall in love with cycling all over again.



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